

Career Services at VMU



VYTAUTAS
MAGNUS
UNIVERSITY
Student Affairs
Department

Education 360°



VMU Career Centre

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Phone.: (+370 37) 327 983
E-mail: career@vdu.lt
Web: <https://karjera.vdu.lt>

- Career consultations;
- Career planning;
- Career workshops, seminars;
- Any guidance regarding internships and entry-level jobs.



Home - VMU Career centre x +

karjera.vdu.lt/en/

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VYTAUTAS MAGNUS UNIVERSITY Career Centre

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Successful career mentoring platform for today's and future professionals

Possibilities for ukrainians to get employed in Lithuania

Catalogue of Internship and Volunteering

New catalogue of Internship and Volunteering Offers

"Idialogue" platform grows: career mentoring activities will also be available in English

New catalogue of Internship and Volunteering Offers

Neprisijungęs / Offline



VMU Career Gate

<http://karjera.vdu.lt/en>

Why should you try volunteering?

- Industry knowledge and soft skills – 2 out of 10 students succeed early in their careers because of the relevant experience during the volunteering period.
- Connections – people you meet in organizations could be your future colleagues or team leads. Connections and networking can be a strong advantage in getting your desired role.
- Flexible schedule with your studies.
- If you are interested in the industry, you don't have experience and can't find any relevant organizations, you can contact career@vdu.lt and we will help you in the search!

Volunteering opportunities in Lithuania:



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Work permits for EU and non-EU individuals living in Lithuania:

- **For non-EU students, a National Visa (D-type) is usually compulsory to enter the Republic of Lithuania. Students from countries whose citizens do not need Visas for entrance can arrive freely, but after arrival, they must apply for a National Visa (D-type) at the local Migration Department.**
- For EU citizens, the employment process in Lithuania is quite simple, they do not need any additional documents.
- **Students with National D-type visas can reside in Lithuania for up to 12 months.** If the stay in Lithuania is longer, all international students will be required to apply for a Temporary Residence Permit.
- The restriction on working hours for students has been lifted – from the first year of undergraduate studies, foreign students will be able to work full-time.
- After graduation, foreign students who have completed studies or training under a formal vocational training program in Lithuania can apply for a temporary residence permit within 10 years from the completion date of studies or training under a formal vocational training program.
- Later, if employment in Lithuania continues, graduates should timely apply to renew his/her Temporary Residence Permit on the grounds of Employment contract and obtain a work permit from the territorial Employment Services office. To obtain a Work Permit, either an Employer or a graduate himself can apply.
- More information related to a legal stay in Lithuania, social guarantees, health care, work and employment is provided in the Migration Information Centre (MIC) “I Choose Lithuania”. Here you also can get a consultation in Lithuanian, English or German languages, and they are free of charge.

“MUST DO“ for your first year of study:

- **Learn to analyze the job market:**

- Check *Užimtumo tarnyba* (National Employment Service): (<https://uzt.lt/en>) - this website provides insights into Lithuania's current labor market, highlighting in-demand sectors and jobs across various skill levels.
- Check *Work in Lithuania*, *Invest Lithuania*, *Unicorns Lithuania*, *StartupCV*: these websites showcase companies actively searching for talent, with many being international and not requiring Lithuanian language skills (although learning it's always a plus for company culture because many still chats in Lithuanian!).

! Tip: check these platforms for companies in your desired field and see if they have social media pages (like LinkedIn). You are likely to discover information about their work environment, company culture, and, most importantly, whether they have more departments that could be your future career direction, as well as an HR contact to whom you can ask about it.

- **Create a LinkedIn profile** – connect with the people working in the position you dream about. Connect HRs, who work in your dream company. Networking is one of the most powerful tools in the job search.
- Don't be afraid to reach out to professionals and HR – ask them about internship or entry-level job opportunities (what skills, knowledge they expect and many other important things).

Here's an example:

"Hello [Name],

I'm [Your Name], a [Year] student at [University Name] interested in [Target Position]. I saw you work at [Company Name] as a [Their Position], and I'd love to learn more about your experience. I have a few questions: [Your Questions]."

! it's only an example, try to form your own message that will be honest !

Lithuanian language skills – bonus success to your career here in Lithuania!

Most of the companies in Lithuania communicate in Lithuanian language, so if you want to succeed in getting a job here and have more opportunities – start learning now:

- Here at VMU (<https://uki.vdu.lt/en/>) you can choose:
 - Intensive Lithuanian Language and Culture Summer and Winter Courses (6 ECTS);
 - Survival Lithuanian (2 ECTS).
- Tobulek.info (11 weeks, can be financed by employment service *a.k.a. UŽT*).

Job and internship opportunities in Lithuania!



Recruitment agencies focus more on higher experience, but it is also worth checking their career websites!



The University Introduces an Online Student Consultation Registration System

A new **electronic system for booking student consultations** has been launched at the university in the end of 2025. It was created to make it easier and more convenient for students to quickly register for various consultations offered by the university.

Using this system, students can now register for:

- **Career consultations**
- **Disability-related consultations**
- **Student well-being consultations**

How to register for a consultation?

Log in to the **Student Self-Service Portal** (<https://studentas.vdu.lt>) and select *Registration* → *Consultations* from the menu. Choose the desired consultation area, topic, and consultant, as well as the consultation time, then click **Register**. In the comment field, answer any required questions and click **Register** again.

IF YOU HAVE ANY QUESTIONS
RELATED TO CAREER SERVICES AT VMU,
PLEASE DO NOT HESITATE TO CONTACT
VMU CAREER CENTRE
(Student Affairs department)

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