



Vytautas Magnus University

STAFF TRAINING WEEK'24



VYTAUTAS
MAGNUS
UNIVERSITY
MCMXXII



Co-funded by
the European Union

TENTATIVE PROGRAMME

MONDAY 22nd

April 22nd – 26th | 2024

TIME	ACTIVITY	LOCATION
10:30 – 10:55	Registration for Staff Training week participants	TBA
10:55 – 11:00	Welcoming by the Director of International Cooperation Department Ilona Kazlauskaitė	
11:00 – 11:30	Presentation of Vytautas Magnus University	
11:30 – 12:30	Meet Your Colleagues (1)	
12:30 – 12:45	Coffee Break	
12:45 – 13:45	Meet Your Colleagues (2)	
13:45 – 17:00	Free Time	
17:00 – 19:00	Opening of the Week (Introduction to Lithuanian language, folk music and dances, food fair)	VMU Great Hall (S. Daukanto g. 28, 1 st floor lobby)

TUESDAY 23rd



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TIME	ACTIVITY	LOCATION
10:00 – 12:00	Trainings: Intercultural Communication Competence Development: Gaining Effective Strategies to Deal with Misunderstandings and Cross-Cultural Barriers (Trainer prof. dr. Nemira Mačianskienė)	TBA
12:00 – 13:30	Free Time	
13:00 – 15:30	Presentations / Discussions *	
15:30 – 17:00	Free Time	
17:00 – 19:00	A Walk Around Kaunas City with a Guide	Meeting point: VMU Multifunctional Centre (V. Putvinskio g. 23, 1 st floor lobby)

WEDNESDAY 24th

TIME	ACTIVITY	LOCATION
08:30 – 18:00	A Guided Excursion to Vilnius (the Capital of Lithuania)	Departure from: VMU Multifunctional Centre (V. Putvinskio g. 23, 1 st floor lobby)



THURSDAY 25th



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TIME	ACTIVITY	LOCATION
10:00 – 12:00	Trainings: Intercultural Communication Competence Development: Effective Communication Strategies (Trainer prof. dr. Nemira Mačianskienė)	TBA
12:00 – 13:30	Lunch	
13:30 – 15:30	Presentations / Discussion *	
15:30 – 16:00	Closing Discussion	

FRIDAY 26th

TIME	ACTIVITY	LOCATION
09:00 – 13:00	Meetings at the Academic Units / Departments	TBA
14:00 – 16:00	Closing Event (Performance by VMU Music Academy students, "Fruit for thoughts" lecture, closing speeches, drinks and snacks, certificates of attendance)	

***Several participants will be invited to give presentation on one of the following topics:**

- ❖ Challenges in implementing mobilities in time of crisis / uncertainty;
- ❖ Intercultural communication;
- ❖ International student integration: challenges and good practices;
- ❖ Promotion of mobility possibilities for outgoing students and staff;
- ❖ Recruitment tools to attract international students;
- ❖ Participant's proposed topic on internationalization.



PLACES TO VISIT IN KAUNAS

EXHIBITION “VIVAT UNIVERSITAS VYTAUTI MAGNI”

(K. Donelaičio g. 58)

In 2022, to mark the centenary of the University of Lithuania, a significant long-term exhibition titled 'Vivat Universitas Vytauti Magni' was inaugurated at the Rectorate Building of Vytautas Magnus University.

The exhibition is open on workdays from 9AM to 5:30PM



VMU BOTANICAL GARDEN (Address: Ž. E. Žilibero g. 6)

VMU Botanical Garden is celebrating its centennial in 2023. Show your Staff Week tag at the entrance and visit it free of charge!

Take bus route **No. 35** from Vytauto Avenue

Disembark at the bus stop: **Vinčų g.**



LITHUANIAN ZOO (Address: Radvilėnų pl. 21)

The Lithuanian Zoo in Kaunas opens to the public on after more than two years of renovation. In the Lithuanian zoo you can get to know the diversity of the world's fauna, endangered species and flora and fauna in Lithuania.

Take bus route **No. 37** from Donelaičio g.

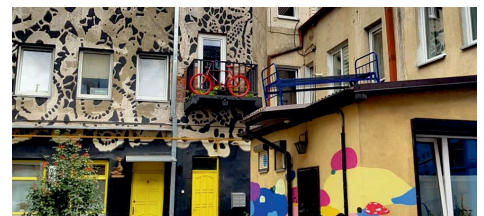
Disembark at the bus stop: **Zoologijos sodas**



YARD GALLERY (Address: E. Ožeškienės g. 25)

Yard Gallery is famous for its transferred photos of Jewish families that used to live here on building walls.

5 minutes walk from the Student's Square

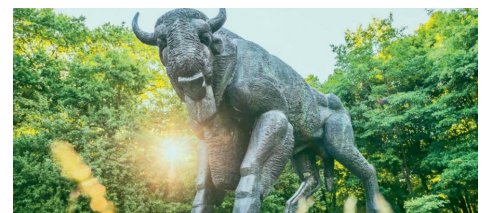


OAK GROVE (AŽUOLYNAS) (Address: Sporto g.)

Located in the Žaliakalnis district the park is a popular promenade and sports place for Kaunas residents. In 2006, the Kaunas Oak Grove Park was listed in the Register of Immovable Cultural Values of the Republic of Lithuania.

Take bus route **No. 37** from Donelaičio g.

Disembark at the bus stop: **Sporto g.**

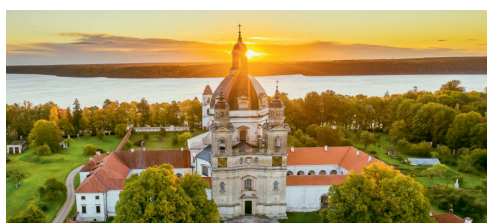


PAŽAISLIS MONASTERY (Address: T. Masiulio g. 31)

Pažaislis Monastery is one of the best examples of Baroque architecture in Lithuania.

Take trolleybus route **No. 12** from Donelaičio g.

Disembark at the bus stop: **Elektros tinklai**



BEST SOUVENIRS FROM LITHUANIA TO BRING HOME

AMBER JEWELRY

Amber is known as “Lithuanian gold,” and many know it for its beauty in pieces of jewellery and art. It is the most popular souvenir from Lithuania.



APPLE CHEESE

Apple cheese (**Lithuanian: Obuolių sūris**) is a traditional Lithuanian dessert, made out of boiled or cooked apples sweetened with sugar. Originally it was made with honey, which was later replaced by sugar.



LITHUANIAN HONEY

It is a product made from Lithuanian plants like trees, meadows and uphill grasses nectar; rich in dissolved flavorings (essential oils), active minerals, plant-based acids and vitamins.



LITHUANIAN MEAD

One of the world's oldest alcoholic drinks, Lithuania has made mead its own over the centuries. The savory materials were given up by honey, carnation blossoms, poplar buds, oak acorns, juniper berries, and many other valuable herbs.



ŠAKOTIS

This many-branched dessert made from many eggs can keep for a long time without losing its shape or flavour. It is more than a dessert - a special souvenir, thousands of which travel from Lithuania to foreign countries every year. By the way, no wedding in Lithuania can be held without this dessert.



LINEN PRODUCTS

Lithuanian Linen is a well-distinguished European Linen known for its quality and luxurious beauty. It is one of the best Lithuanian souvenirs you can buy. Whether you're purchasing linen napkins or sheets for the home or wardrobe staples such as linen blouses, you'll fall in love with the ease and elegance of this fabric.

