

# VMU MENTOR'S PROGRAMME



MCMXXII  
VYTAUTAS MAGNUS  
UNIVERSITY

STEP BY STEP



# VMU MENTOR'S PROGRAMME

VMU Mentor's programme aims to make the adaptation process of incoming international students at Vytautas Magnus University (VMU) easier, foster volunteering, and increase international experience among VMU students. It was launched in 2003 and is coordinated by VMU International Cooperation Department (ICD).



VMU Mentor is a local (Lithuanian or foreign full-time degree) student who has motivation, international and intercultural experience, and voluntarily helps the incoming foreign students.

**LEARN MORE**

*"If your mentor is good, the first days are way easier. Also, you can become friends and it's always nice to know someone local. The first days can be lonely and the mentor can really improve them"*

**FABIOLA VILLAMOR**  
(ERASMUS+ EXCHANGE STUDENT, SPAIN)

# HOW TO APPLY FOR A MENTOR?

## - THE BUDDY SYSTEM -

All incoming students, whom are interested in having a mentor during their study semester in VMU, have to register on the Buddy System platform (<https://buddysystem.eu>).

**The Buddy System (BS)** is an online platform creating a patronage system handled by associations welcoming international students, with the help of universities. Patronizing an international student allows them to be received in their welcoming country and provides them with a privileged contact to give support with all administrative processes, discovering the city, the university, or help with anything else.

Students, being either international or local, register on their city platform by filling a form, and give some information to allow for a more pertinent matching: age, gender, spoken languages, living/working place, hobbies, etc... They read (and accept) the terms and conditions, validate their inscription!



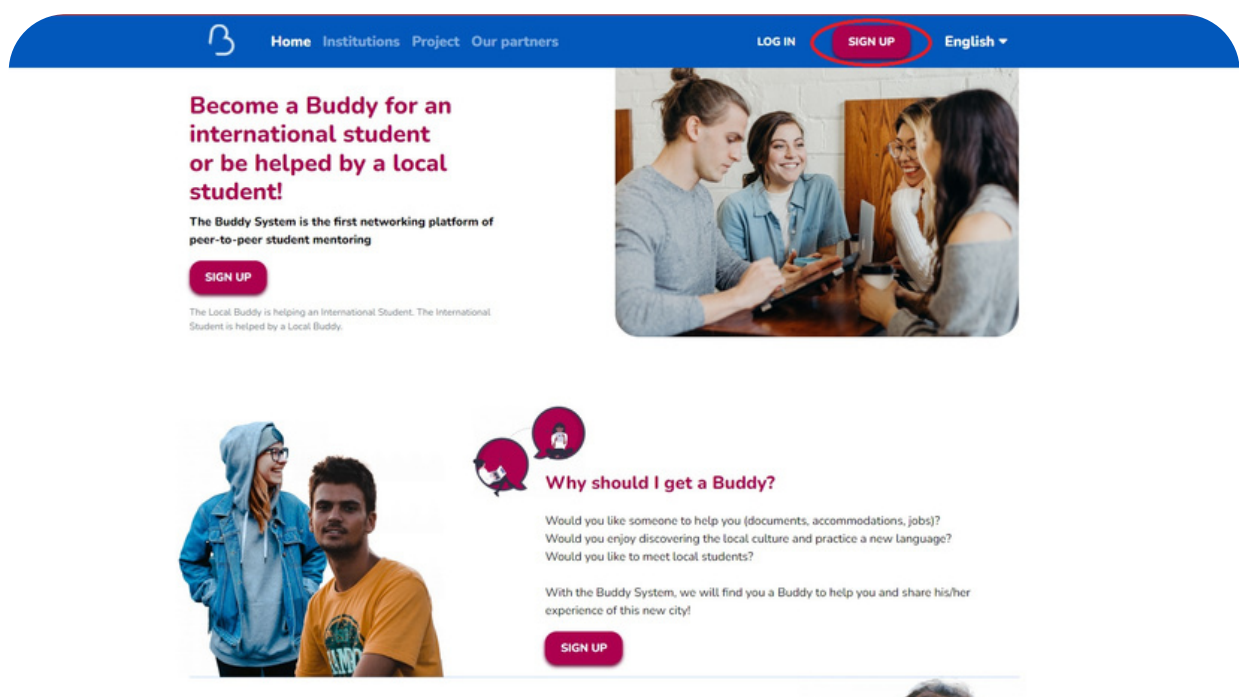


# THE BUDDY SYSTEM

## - STEP BY STEP -

### JOINING THE SYSTEM

1. Visit the Buddy System website: <https://buddysystem.eu/en>;
2. Choose "sign up" on the right corner of the page;
3. Fill in your information. Make sure to choose that you are an **international student**;
4. Because you are joining Vytautas Magnus University (VMU), please choose this information: Your (exchange) country for the next semester - **Lithuania** | Your (exchange) city for the next semester - **Kaunas** or **Vilnius** | Your (exchange) institute for the next semester - select a **faculty** in which you will study at VMU | Semester - if you are joining VMU only for one semester, please select **only one of given semesters**;
5. Agree with the conditions and sign up!
6. **Don't forget to finish activating your account by checking your email.**



# THE BUDDY SYSTEM

## - STEP BY STEP -

### UPDATING YOUR PROFILE

After creating and activating your Buddy System account, now you need to complete creating your profile. **A fully updated profile helps to create the best mentor-mentee match.** Let's learn everything about creating the perfect profile.

- After you login into the system, select the "My profile" button.
- Whole information in your profile is important, so please try to give **as much information about yourself as possible.**
- Please indicate your birth date correctly. Don't lie about your age because our mentors might not trust you afterwards.
- Write all the languages that you can speak, it will help to find you a mentor that also has knowledge in these languages.
- **Date of arrival** has to be as accurate as possible in order to match you with a mentor who could really come to meet you once you arrive.

**Note:** If you are not yet sure about your arrival date, write a possible arrival date - you will be able to change it and if you will have a mentor match already, you will be able to inform your mentor about the change, so don't worry :).

- Indicating your preferences is also important. We want you to feel as much at home as possible while studying at VMU, so we do think that having a mentor with similar interests is a good way to make it possible.
- **Turn on the notifications.** As soon as you will be matched or will receive a message from a mentor - you will get an email if you choose to turn the notifications on. So this option is highly advised if you want to get in touch with your mentor on time.

Please be patient while waiting for your mentor. It takes time to match all the incoming students.

Note: The main mentee-mentor matching begins around two weeks before the beginning of new semester.

If you have any questions, do not hesitate to contact VMU Mentor's programme coordinator:  
Monika Lisauskaitė ([monika.lisauskaite@vdu.lt](mailto:monika.lisauskaite@vdu.lt))

