

**PROGRAMME OF STUDY SUBJECT IN BA STUDY PROGRAMME ON ,CAREER AND PROFESSIONAL COUNSELLING‘**

Course code	Course group	Volume in ECTS credits	Course valid from	Course valid to	Reg. No.
EDU 3024	C 2	4	2011-06-02	2013-06-02	

Course type	Compulsory
Course level	Bachelor
Semester the course is delivered	Sixth
Study form	Face-to-face

**Course title in Lithuanian**

**SUPERVIZIJA KONSULTAVIME**

**Course title in English**

**SUPERVISION IN COUNSELLING**

**Short course annotation in Lithuanian**

Studijuojamas dalykas sudaro galimybes studijuojantiems įgyti žinių ir praktinių supervizijos įgūdžių konsultavimo praktikoje individualiame, poros bei grupės ir komandos kontekstuose. Studijuojamos temos apie superviziją konsultavime įgalins studijuojančiuosius vertinti savo vykdomą praktiką, etiškai vertinti ir komunikuoti kitų specialistų vykdomą konsultavimą bei realizuoti efektyvią supervizuojamo konsultavimo praktiką.

**Short course annotation in English**

The subject establishes premises for the students to acquire knowledge and practical skills in supervision for counselling in individual, peer and group / team contexts. The studied topics about the supervision in counselling will empower the students to evaluate their practice, ethically to evaluate and communicate about the practice of other counsellors as well as to realize the effective practice of supervising counselling.

**Prerequisites for entering the course**

Study subjects: Social Psychology; E-Learning theories and strategies; Social relations, Psychology of personality; Education and socialization; Organizational Psychology; Basics of andragogy; Psychosocial development and career of individual; Basic for career education; theory and Methodology of learning in groups.

**Course aim**

Purpose of the course is to form a base for creation of educational services for adults.

**Links between study programme outcomes, course outcomes and criteria of learning achievement evaluation**

Study programme outcomes	Course outcomes	Criteria of learning achievement evaluation
To determine the learning and teaching needs in various working and learning environments and to organize teaching and learning with the respect to diversity of cultural and value attitudes.	To analyze the practice of other counsellor by communicating ethically insights and stipulating the supervisee to express the personal insights.	Analyzed practice of other counsellor by communicating ethically insights and stipulating the supervisee to express the personal insights.
To prepare the plans for education of individuals, groups, communities and organizations by evaluating contexts of social, economic, market and educational systems.	To analyze personal counselling practice by reflecting on it individually, in pairs and in group.	Analyzed personal counselling practice by reflecting on it individually, in pairs and in group.
	To evaluate contexts of changes and challenges by stipulating the supervisees to formulate the needs for development.	Evaluated contexts of changes and challenges by stipulating the supervisees to formulate the needs for development.
To counsel variety types of organizations and institutions concerning personnel teaching and organizational learning.	To collaborate with other counsellors by improving counselling practice.	Implemented collaboration with other counsellors by improving counselling practice.
	To reflect on personal and others' counselling practices.	Reflected on personal and others' counselling practices.
	To apply specific interventions by implementing individual or group supervision.	Applied specific interventions by implementing individual or group supervision.

**Link between course outcomes and content**

Course outcomes	Content (topics)
Analyzed practice of other counsellor by communicating ethically insights and stipulating the supervisee to express the personal insights.	Practice of supervision counselling.
	Conception of counselling supervision.
	Models, methods and techniques of supervision.
	Ethics in supervision.
Analyzed personal counselling practice by reflecting on it individually, in pairs and in group.	Personal philosophy of supervision practice.
	Personal philosophy of counselling practice.
	Relationships between counselling and supervision.
Evaluated contexts of changes and challenges by stipulating the supervisees to formulate the needs for development.	Relations between supervisor and supervisee.
	Variables of supervisor and client.
Implemented collaboration with other counsellors by improving counselling practice.	Professional development and supervised counselling.
	Limitations of supervised counselling.
Reflected on personal and others' counselling practices.	Individual supervision.
	Group and team supervision.

**Study (teaching and learning) methods**

Lectures. Independent reading of papers and chapters of books from reference list. Discussions of work results in groups. Mini research made in groups. Project work performed in groups, public presentation of results.

**Methods of learning achievement assessment**

Exam –test; Feedback on learning achievements. Discussion and evaluation of groups projects according criteria decided together with students.

**Distribution of workload for students (contact and independent work hours)**

Lectures - 30 hours. Seminars and workshops – 20 hours. Independent and team work - 80 hours. Organising team work - 20 hours: preparation and discussion of tasks – 4 hours; work planning and organising – 4 hours; virtual consulting - 4 hours; approval, assessment, feedback – 8 hours.

**Structure of cumulative score and value of its constituent parts**

Exam (50%), independent work (10%), team work results (25%), midterm exam (15%)

**Recommended reference materials**

No.	Publication year	Authors of publication and title	Publishing house	Number of copies in		
				University library	Self-study rooms	Other libraries
Basic materials						
1.	2010	Ladany M., Bradley L. Counsellor Supervision.	Routledge	1	1	-
2.	2004	Carroll M. Counselling Supervision: theory, skills and practice.	SAGE	1	1	1
3.	2001	Page S., Wosket V. Supervising the counsellor: a cyclical model.	Brunner-Routledge	1	1	1
4.	2001	Gelso, C. J., Fretz, B. Counselling Psychology.	Brooks Cole	1	1	-
Supplementary materials						
1.	2009	Spengler, P. M. et al. The Meta-Analysis of Clinical Judgment Project: Effects of Experience in Judgment Accuracy.	<i>The Counselling Psychologist</i> , 37: 350–399.			
2.	2008	Williams, E. N., Hayes, J. A., Fauth, J. Therapist self-awareness: Interdisciplinary connections and future directions. In S. Brown & R. Lent (Eds.) Handbook of Counselling Psychology,	NY: Wiley			
3.	2001	Driver Ch., Martin E. Supervising Psychotherapy.	London: SAGE			

**Course programme designed by**

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