

**PROGRAMME OF STUDY SUBJECT IN BA STUDY PROGRAMME ON ,CAREER AND PROFESSIONAL COUNSELLING‘**

Course code	Course group	Volume in ECTS credits	Course valid from	Course valid to	Reg. No.
EDU 4021	C 2	6	2011-06-02	2013-06-02	

Course type	Compulsory
Course level	Bachelor
Semester the course is delivered	Sixth
Study form	Face –to-face

**Course title in Lithuanian**

**PROFESINIO KONSULTAVIMO PAGRINDAI**

**Course title in English**

**BASICS OF PROFESSIONAL COUNSELLING**

**Short course annotation in Lithuanian**

Studijų dalykas koncentruojasi į konsultanto vaidmenį, funkcijas, aplinkas ir profesinio konsultavimo valdymą. Studijuojantiems bus pristatyti profesinio konsultavimo organizacijose modeliai ir teorijos, etikos ir teisės problemos. Taip pat bus diskutuojama apie pasirengimą profesiniam konsultavimui, jo standartus ir rekomendacijas, konsultavimo paslaugų vadybą. Studijų dalyke studentai analizuos elgsenos, kognityvaus ir socialinio mokymosi galimybes profesiniame konsultavime bei personalo konsultavimo problemų sritis.

**Short course annotation in English**

The program basics of professional counselling addresses the roles, functions, settings, and management of professional counselling. Introduces relevant models and theories, ethical and legal issues, of professional counselling in organizations. Also will be discussed the preparation, standards and credentials, and management of counselling services. Behavioural, cognitive, social learning through professional counselling as well as staff counselling problem solving areas will be analyzed.

**Prerequisites for entering the course**

Social psychology, Social relations, Education and socialization, Personality psychology, Organizational psychology, Labour market and career, Personal psychosocial development and career.

**Course aim**

Study objective of the subject - to acquire skills to analyze and discuss staff teaching/ learning and career needs in different organizations, in choosing career challenges of appropriate counselling theories and techniques, and consult different types of institutions and organizations in educational and professional activities.

**Links between study programme outcomes, course outcomes and criteria of learning achievement evaluation**

Study programme outcomes	Course outcomes	Criteria of learning achievement evaluation
To identify staff teaching/ learning and career needs in different types of organizations.	To analyze and discuss staff teaching/ learning and career counselling needs in different types of organizations.	Analyzed and prepared analysis of the situation, including staff teaching / learning and career needs in different types of organizations.
	To choose appropriate counselling theories and techniques for solving individual professional activity problems.	Chosen and defined appropriate counselling theories and techniques to individual professional activity problems.
To counsel various types of institutions and organizations in staff teaching and organizational learning issues.	To apply innovative methods of professional counselling.	Chosen and applied innovative methods of professional counselling.
	To consult various types of institutions and organizations in teaching and professional issues.	Review of counselling various types of institutions and organizations in teaching and professional issues.
	To apply ethical principles in counselling professional issues.	Applied counselling principles in counselling professional issues.
	To make decisions related to consulting activities of the effectiveness of professional problem-solving.	Analysed and adapted possible decision variants, related to consulting activities of the effectiveness of professional problem-solving.

**Link between course outcomes and content**

Course outcomes	Content (topics)
To analyse and discuss staff teaching/learning as well as career counselling needs in various types of organizations.	The conception and meaning of Professional counselling and relationship with psychological counselling.
	Professional activity, aims of professional counselling and consultant's role.
To choose appropriate counselling theories and techniques for solving individual professional activity problems.	Research on counselling needs.
	Personal and professional skills of a counsellor.
	Creating of counselling atmosphere.
	Theories of counselling.
To apply innovative methods of professional counselling.	Methods of professional counselling.
To consult various types of institutions and organizations in teaching and professional issues.	Assessment of professional counselling effectiveness.
To apply ethical principles in counselling professional issues.	Ethical counselling principles.
To make decisions related to consulting activities of the effectiveness of professional problem-solving.	Peculiarities of counselling people from various age, sex, social status groups.
	Emotions and counselling process.

**Study (teaching and learning) methods**

Teaching methods: explanation, document analysis, demonstration, critical discussion, counselling.

Learning methods: individual study of literature, targeted discussion, team work, group work, project research.

**Methods of learning achievement assessment**

Project research assessment, team work assessment, document analysis assessment.

**Distribution of workload for students (contact and independent work hours)**

Lectures - 30 hours. Seminars and workshops – 20 hours. Individual and team work - 80 hours. Organization of team work - 20 hours; preparation and discussion of assignments – 4 hours; work planning and organizing – 4 hours; virtual counselling - 4 hours; inspection, evaluation, feedback – 8 hours.

**Structure of cumulative score and value of its constituent parts**

Final test (50%), individual work (10%), team work results (25%), midterm test (15%).

**Recommended reference materials**

No.	Publication year	Authors of publication and title	Publishing house	Number of copies in		
				University library	Self-study rooms	Other libraries
Basic materials						
1.	2006	Alexander R. The classics of interest group behaviour.	USA: Thomson Wadsworth	5	2	2
2.	2001	Remley Th. Ph. Ethical, Legal, And Professional Issues In Counselling.	London: SAGE	2	1	-
3.	2002	Pedeersen P. Counselling across cultures.	London: SAGE	2	1	-
Supplementary materials						
1.	2007	Catherine L. Dimmitt, John C. Carey and Patricia A. Hatch. Evidence-based School Counselling.	London: SAGE.			

**Course programme designed by**

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