Course code	Course group	Volume in ECTS credits	Course valid from	Course valid to	Reg. No.
PSI1002	C1	4	2011-06-02	2013-06-02	

Course type	**Compulsory**
Course level	**Bachelor**
Semester the course is delivered	**Second**
Study form	**Face-to-face**

Course title in Lithuanian

ASMENYBĖS PSICHOLOGIJA

Course title in English

PSYCHOLOGY OF PERSONALITY

Short course annotation in Lithuanian

Dalyko tikslai - supažindinti su asmenybės sąvoka, pagrindinėmis asmenybės teorijomis, asmenybės psichologijos pagrindinėmis problemomis. Studijų metu nagrinėjama skirtingų asmenybės teorijų elgsenos, motyvacijos, asmenybės raidos, sveikatos bei patologijos supratimas bei pagrindiniai skirtingų teorijų siūlomų psichoterapijų principai. Analizuojamas skirtingų asmenybės teorijų požiūris į žmogaus prigimtį.

Short course annotation in English

This course is aimed at introducing students with the concept of personality, theories of personality and core problems of personality psychology. Personality types are examined in terms of their behaviour and motivation in the context of various theories of personality. Students also learn about the understanding of psychopathology and psychotherapeutic applications of different personality theories.

Prerequisites for entering the course

None

Course aim

This course is aimed at introducing students with the concept of personality, theories of personality and core problems of personality psychology.

Links between study programme outcomes, course outcomes and criteria of learning achievement evaluation

Study programme outcomes	Course outcomes	Criteria of learning achievement evaluation
To determine the learning and teaching needs in various working and learning environments and to organize teaching and learning with the respect to diversity of cultural and value attitudes.	To define the basic concepts of personality psychology.	Will define half of concepts of personality psychology.
	To describe the approach of psychodynamic theories to personality, structures of the personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.	Will be able to specifically define the main general tendencies of psychodynamic approach theories on personality, but will not be able to specify exact views of diverse theories in psychodynamic approach on structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
	To describe the view of behavioural -cognitive theories on personality, structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.	Will be able to specifically define the main general tendencies of behavioural -cognitive approach theories on personality, but will not be able to specify exact views of diverse theories in behavioural -cognitive approach on structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation

To plan and coordinate the preparation and implementation of teaching and learning programmes according to needs of groups, communities and organizations.	To describe the view of trait theories on personality, structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.	Will be able to specifically define the main general tendencies of trait approach theories on personality, but will not be able to specify exact views of diverse theories in trait approach on personality.
	To describe the view of humanistic - existential theories on personality, structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.	Will be able to specifically define the main general tendencies of humanistic - existential approach theories on personality, but will not be able to specify exact views of diverse theories in humanistic - existential approach on structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
	To describe the view of specific theories on personality, structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.	Will be able to specifically define the main general tendencies of specific theories on personality, but will not be able to specify exact views of specific theories on structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
	To compare diverse theories of personality.	Will compare the main groups of personality theories depending on the approach on personality, but will not be able to provide with the exact comparison of diverse theories within the groups.

Link between course outcomes and content

Course outcomes	Content (topics)
To define the basic concepts of personality psychology.	Conception of personality. Structure of personality theories and view to human nature. Concepts and problems of the psychology of personality.
To describe the approach of psychodynamic theories to personality, structures of the personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.	S. Freud's psychoanalytic conception of personality: structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
	Analytical psychology of personality (C.G.Jung): structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
	Personality in individual psychology (A.Adler): structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
	Post-Freudism (H. S. Sullivan, K. Horney, E. Fromm): structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
	Personality in transactional analysis (E. Berne): structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
	Personality in ego psychology (A. Freud, H. Hartmann, M. S. Mahler, E. Erikson and others): structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
	Objection relation theories, psychoanalytic self theories: structures of personality, motivation, development,

	psychopathology, healthy personality, ways of developing support for personality adaptation.
To describe the view of behavioural - cognitive theories on personality, structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.	Behavioural theories approach on personality (B. F. Skinner and others): structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
	The social-cognitive theories approach on personality (A. Bandura, J. B. Rotter, W. Mischel and others): structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
	Personality's construct theory (G. A. Kelly): structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
To describe the view of trait theories on personality, structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.	Personality trait theories (G. Allport, R. B. Cattel, H. Eisenck and others): structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
To describe the view of humanistic - existential theories on personality, structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.	Humanistic - existential theories and personality (A. Maslow, K. Rogers, L. Binswanger, M. Boss, V. Frankl): structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
To describe the view of specific theories on personality, structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.	K. Lewin's field theory, H. Murray's personology: structures of personality, motivation, development, psychopathology, healthy personality, ways of developing support for personality adaptation.
To compare diverse theories of personality.	Comparison of personality theories and perspectives on personality development.

Study (teaching and learning) methods

Providing with information, discussion, preparation of paper, preparation of reflective notes, team work

Methods of learning achievement assessment

Test, reflective notes, paper

Distribution of workload for students (contact and independent work hours)

Lectures – 30 hrs.
Team work – 15 hrs.
Independent Project – 30 hrs.
Independent Work – 45 hrs.

Structure of cumulative score and value of its constituent parts

Final Exam (50%), Independent Project (10%), Results of team work (10%), Midterm Evaluations (30%)

Recommended reference materials

No.	Publication year	Authors of publication and title	Publishing house	Number of copies in		
				University library	Self-study rooms	Other libraries
Basic materials						
1.	2008	Cloninger S. C. Theories of personality: understanding persons	Upper Saddle River (N.J.).: Pearson/ Prentice Hall	1	1	-
2.	2009	Ellis A., Abrams M., Abrams L. D., Personality theories: critical perspectives.	Los Angeles: Sage	1	1	-
3.	2009	Feist J., Feist G. J. Theories of personality.	Boston.: McGraw	1	1	
4.	2005	Larsen R.J., Buss D. M.	Boston etc.:	1	1	

		Personality psychology: domains of knowledge about human nature,	McGraw-Hill			
5.	2008	Cloninger S. C. Theories of personality: understanding persons.	Upper Saddle River (N.J.).: Pearson/ Prentice Hall	1	1	-
Supplementary materials						
1.	2009	Ellis A. Personality theories: critical perspectives.	Los Angeles.: Sage			
2.	2009	Feist J., Feist G. J. Theories of personality.	Boston.: McGraw			
3.	2005	Larsen R.J., Buss D. M. Personality psychology: domains of knowledge about human nature.	Boston etc.: McGraw-Hill			

Course programme designed by

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